

0113 2323 662

Seacroft Friends & Neighbours

Timetable of activities March 2024

Monday	Chair based exercise 10.30 - 11.30 @ Chapel FM	Lunch club 12.00 - 13.30 @Kentmere CC	Outreach work 09.00-16.00
Tuesday	Various day trips Call for availability	Art group 13.00 - 15.00 @ Chapel FM	Outreach work 09.00-16.00
Wednesday	Craft Group 10.00 - 12.00 @Kentmere CC.	Coffee & Cake Social group 10.30 - 11.30 @Chapel FM	Lunch club 12.00 - 13.30 @Kentmere CC
Thursday	Outreach work 09.00-16.00	Light lunch & Singing 12.00 - 14.00 @Chapel FM	Outreach work 09.00-16.00
Friday	Outreach work 09.00-15.00	Various day trips Call for availability	Outreach work 09.00-16.00

If you would like to learn more about any of our activities please do give us a call in the office and chat to a member of staff. Most of our activities are held at either Kentmere Community Centre or Chapel FM. We offer door to door* transport for most of our activities but booking is essential, please call the office to arrange.

Kentmere Community Centre,
Kentmere Avenue LS14 1BW

Chapel FM, Old Seacroft Chapel
York Road LS14 6JB

*communal entry / lobby for high rise blocks.